



OVERCHURCH INFANT SCHOOL

PSHE LONG TERM OVERVIEW 2020-21

	Autumn 'Our Heroes'	Spring 'Explorers'	Summer 'Our Environment'
EYFS	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -class rules/contributing to life of classroom -my special people – what makes a healthy family life? Features should lead to happiness and security -caring friendships - what is friendship? What makes a good friend and a healthy friendship? – turn taking, kindness, consideration, honesty, truthfulness -respectful friendships – using manners, importance of respecting others even when they are different from them – equality and diversity -special people in the community (our local heroes) - who people contact in emergency -road and rail Safety -importance of a healthy diet -use 'The Colour Monster' to discuss how we can have different feelings. 	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -being unique -celebrate strengths from previous years and set simple, challenging goals -discussions about how Internet is integral part of life -online relationships – sharing information/ pictures online (School Twitter) -changes – moving home / losing pets -the book 'my fantastic elastic brain' to support neurodiversity and brain awareness week. -to engage in different parts of the world to explore through the use of 'Go Jettors' 	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -mental well-being - being Safe – keeping secrets and “nice surprises” -discuss good and not so good feelings and emotions – <i>nervousness, happiness, anger etc</i> -personal hygiene – hand washing -dental health -importance of good quality sleep -How the RNLI can support us in keeping ourselves safe. -the importance of protecting our environment and how we can keep this clean, we will complete a school beach clean.
VOCABULARY	special, family, security, happiness, caring, kindness, respect, healthy, honesty, truthfulness, friendship, differences, police, firefighter, lifeboat, coastguard, ambulance, paramedic, happy, sad, scared, excited, worried.	special, one of a kind, unique, challenge, e-safety, consent, safe, loss, death, change, different, brain, diversity, neurodiversity	Safe, secrets, sharing, nervous, angry, frustrated, hygiene, cleanliness, unclean, decay, drown, lifeboat, lifejacket, nature, recycling.
NO OUTSIDERS	<p><i>You Choose:</i> to say what you think</p> <p><i>Red Rockets and Rainbow Jelly:</i> to understand that it's OK to like different things</p>	<p><i>Blue Chameleon:</i> To make friends with someone different</p>	<p><i>The Family Book:</i> To understand that all families are different</p> <p><i>Mommy Mama and Me:</i> To celebrate my family</p>



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YEAR ONE	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -class rules/contributing to life of classroom -my special people – what makes a healthy family life? <i>Features should lead to happiness and security</i> -caring friendships - what is friendship? What makes a good friend and a healthy friendship? – <i>turn taking, kindness, consideration, honesty, truthfulness</i> -my heroes – Who have helped us during lockdown and who helped our country? -respectful Friendships – using manners, importance of respecting others even when they are different from them – equality and diversity -special people in the community – how people contact in emergency -road and rail Safety -importance of a healthy diet -use 'The Colour Monster' to discuss different feelings we can have and how we can share these with one another. 	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -being unique -celebrate strengths from previous years and set simple, challenging goals -discussions about how Internet is integral part of life -online relationships – sharing information/ pictures online (School Twitter) -changes – moving home / losing pets -the book 'my fantastic elastic brain' to support neurodiversity and brain awareness week. -to learn about different explorers who changed our world. 	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -mental well-being - being Safe – keeping secrets and "nice surprises" -dental health -importance of good quality sleep -benefits of hobbies/outdoor play -being safe in our environment – boundaries, privacy, feeling safe, asking for help, when to say 'yes, 'no' -sun safety and medicines and how diseases can be spread and be controlled -How the RNLI can support us in keeping ourselves safe. -the importance of protecting our environment and how we can keep this clean, we will complete a school beach clean.
VOCABULARY	<p>special, family, security, happiness, caring, kindness, respect, healthy, honesty, truthfulness, friendship, differences, police, firefighter, lifeboat, coastguard, ambulance, paramedic, happy, sad, scared, excited, worried.</p>	<p>special, unique, distinctive, challenge, e-safety, consent, safe, personal information, loss, death, change, different, brain, diversity, neurodiversity</p>	<p>Safe, secrets, sharing, hygiene, cleanliness, unclean, decay, drown, lifeboat, lifejacket, nature, recycling.</p>
NO OUTSIDERS	<p><i>Elmer</i>: to like me the way I am <i>Ten Little Pirates</i>: to play with girls and boys</p>	<p><i>My Grandpa is Amazing</i>: recognise people are different ages</p>	<p><i>Max the Champion</i>: understand that our bodies work in different ways <i>My World, Your World</i>: understand we share the world with lots of different people</p>



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YEAR TWO	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -my special people – Differences between families in school, being respectful of differences – equality and diversity, belonging to groups and communities -my heroes – Who have helped us during lockdown and who helped our country? -caring friendships – friendship ups and downs, managing conflict, seeking help if needed, being kind and unkind, how to tell and who to tell -respectful friendships – self-respect and how this links to their own happiness, respect others including those in positions of authority -rights and responsibilities -importance of a healthy diet and risks and consequences with unhealthy diet -use 'The boy, the mole. The fox and the horse' to discuss quotes, what they mean to us and illustrate these. -use 'The colour monster' to discuss feelings and how to appropriately manage them with one another. 	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -online Relationships – consider how the same principles apply to online friendships, keeping safe and risks with people they have never met -benefits of rationing time spent on electronic devices -changes – growing and changing, growing from young to old, loss and death -money – saving, keeping it safe, spending -the book 'my fantastic elastic brain' to support neurodiversity and brain awareness week. -to learn about different explorers who changed our world. 	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> -benefits of hobbies/outdoor play <i>anger etc</i> and how this affects behaviour. -being safe in our environment – boundaries, privacy, feeling safe, asking for help, when to say 'yes, 'no' -sun safety and medicines and how diseases can be spread and be controlled -How the RNLI can support us in keeping ourselves safe. -the importance of protecting our environment and how we can keep this clean, we will complete a school beach clean.
VOCABULARY	<p>respect, rights, responsibilities, community, authority, conflict, equality, diversity, happy, sad, scared, excited, worried, frustrated, angry.</p>	<p>special, unique, distinctive, challenge, e-safety, consent, safe, personal information, loss, greave, funeral, death, change, different, brain, diversity, neurodiversity, parts of the brain (cerebrum, cerebellum, prefrontal cortex, hippocampus)</p>	<p>Safe, secrets, sharing, hygiene, cleanliness, unclean, decay, drown, sunburn, UV radiation, protection, lifeboat, lifejacket, nature, recycling, biodegradable, composting, global warming, 3 R's.</p>
NO OUTSIDERS	<p><i>The Great Big Book:</i> understand what diversity is <i>Blown Away:</i> to work with everyone in my class</p>	<p><i>The Odd Egg:</i> understand what makes someone feel proud <i>Just Because:</i> to feel proud of being different</p>	<p><i>The First Slodge:</i> how we share the world</p>