

The Overchurch Curriculum: PE



INTENT: At Overchurch Infant School we believe that Physical Education experienced in a safe and supportive environment is vital in its contribution to pupil's physical and emotional development and health. We aim to provide a PE curriculum that pupils not only enjoy, but gives every child the physical literacy, emotional and thinking skills to achieve both in PE and importantly – life. Our curriculum supports the development of pupil's health, fitness and wellbeing, allowing children to excel in their knowledge and skills through our exciting and inclusive PE curriculum. Our teaching provides a balance of individual, team, co-operative and competitive activities which aim to cater for individual pupil's needs and abilities. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. As sports people, all children will be challenged to engage and succeed in developing their fundamental physical skills and improve their health and wellbeing through a broad range of high-quality sporting opportunities. Pupils will leave the school with the knowledge, skills and positive attitudes to prepare them for a healthy, active lifestyle and promote a lifelong love of sport.

