

## VISION:

ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for **healthy**, **active** lifestyles and lifelong participation in physical activity and sport.

## **OBJECTIVE:**

To achieve self-sustaining improvement in the quality of PE and sport against 5 key indicators:

- The Profile of PE and sport being raised
- Engagement of all pupils in regular physical activity, kick-starting healthy, active lifestyles
- Access to competitive opportunities
- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- Broader Experience of a range of sports and activities offered to all pupils

At Overchurch Infant School we believe that developing healthy habits and an active lifestyle are essential to the physical health and the mental wellbeing of our children. Sporting excellence and participation in physical exercise go hand in hand with academic standards.

A range of activities are delivered in school which aim to engage and inspire all children. Premier Sport provide specialist sport provision throughout the school as well a broad range of extra-curricular activities. During the year, each child will participate in games, athletics, dance and gymnastics lessons. Please refer to *Our Curriculum* section of the website for more details of PE lessons taught.

In order to encourage the children to develop the habit of participating in regular physical activity we facilitate the Golden Mile. Children can complete a daily brisk walk, jog or run at lunchtime as part of the playtime initiative. Children gradually build up their own distance and fitness levels are monitored termly. In the Summer Term we also hold our annual Sports Day in which we encourage participation of all children and organise inclusive activities for all children as well as competitive races for our more sporting youngsters.

The school provides a wide range of extra-curricular clubs for children throughout the year. We ensure that clubs are designed to appeal to a range of children by offering a wide selection of different sports including: mini-Olympics, football, gymnastics and multi-sports.

Primary school experiences are crucial to the children's future perception of physical activity and we believe that children leave our school equipped to enjoy sport for all its health and social benefits. For those who relish the competitive element, they gain the skills, confidence and relevant experience to succeed at their chosen level and discipline.

Our school allocation for 2020-21 is: £17,800.

Focus Area Identified	Planned Action	Success Criteria	Premium Allocated	Proposed Impact on Pupils	Proposed Sustainability
Key Indicator 1- Engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles	*To design a safe and positive environment that enhances EYFS & KS1 physical development using the playground space and forest area  *Purchase puddle suits/ hammocks/ rope for EYFS and KS1 to access forest area in all weathers  *Children learn about safety in the outdoors, dynamic risk assessing, using rope swings, stepping stones, hammocks, ladders, tyre flipping and climbing trees  *Engaging pupils in active independent learning throughout the seasons and build a knowledge of woodlands and local flora and forna.  *Establish temporary Daily Mile course to enable its continuation during COVID  *Active club with TA each morning — an ADHD friendly group developing proprioception, self-regulation and vestibular senses  *Mental health and Wellbeing sessions for all pupils during Curriculum time — yoga/ mindfulness  *Active Maths unit for KS1	*Improved gross motor skills from outdoor activities.  *Decrease in accidents on the playground and during outdoor active time.  *Increased physical activity in the outdoors.  *Increase in children accessing active outdoor learning in all weathers/ seasons.  *Children are confident to tell others about being safe in the outdoors and act accordingly.  *Children show a respect for the natural environment  *Children are active in organising games and activities for their peers.  *Children start the day feeling energised and ready to learn.  *Increased enjoyment and pupil activity at play and lunchtimes.  *Increased competition during curriculum and non-curriculum time  *Strengthened link between physical and mental health and support the wellbeing of our children.	£1,500 £1,500 £1,500	*85% of EYFS will achieve expected / higher in Development Matters Physical - Moving and handling.  *85% of KS1 children will achieve expected in Physical Education  *Children are confident, independent outdoor learners.  *Children are reflective and inquisitive thinkers who are able to problem-solve in 'real' situations.  *Children identify hazards and risks independently.  *All children access outdoor 'active learning' sessions through forest activities weekly.  *Children are confident to work collaboratively with increased communication skills.  *Increased health benefits — both physically and mentally  *Children are more focused / calmer / awake with increased participation in morning lessons.  *Pupils have increased fitness levels and enjoyment for keeping active.  *Independent learners able to self-regulate - positive well-being??	Continued regular use of the outdoor areas – playground/ forest/ nature area.  Weekly forest sessions embedded in the school curriculum and accessed throughout the seasons.  Active club to be extended to EYFS going forward  Whole school to continue Daily Mile as a morning wakeup/ afternoon refocus in the next academic year.

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Key Indicator 2 - PE and sport profile raised across the school	*Local sports person to visit school in the Summer term  *Daily active sessions for all children timetabled	*Children will meet and question local sports person during visit/ assembly – twitter/ learning platform work.  *Increased enjoyment and pupil activity at play and lunchtimes.  *Increased fitness levels of all pupils.	£500	*Children aspire to be play leaders higher up in their school career.  *children aspire to achieve their personal best in sport and remain active.  *Fitness increase in all pupils.	*Children will continue to recognise their potential as a sports person and importance of keeping active
Key indicator 3 — Increased confidence, knowledge and skills of all staff teaching PE and sport	*Purchase 2 quality schemes of work for EYFS and KS1 which develop key abilities that children need to be successful  *Staff training for EYFS and KS1 Scheme of Work.  *Work with external practitioners to develop themed dance units for KS1 pupils and staff and increase staff confidence in this area.	*Increased subject leader confidence  *Increased staff confidence and understanding of teaching through a child centred approach with new SOW.  *All staff will have an increased confidence using the online support tool provided to EYFS and Year 1  *Improve the quality of dance lessons in Key Stage One	£500 £500 £1,000	*Increased level of skill in all areas of PE.  *Children positively engaged in weekly PE sessions.  *Children access quality Dance lessons.  *Teachers feel confident and competent to successfully deliver all aspects of the PE curriculum	*Continued use of SOW after Staff feedback and observations.  *Staff to use CPD dance sessions to confidently teach Dance themselves in the future.

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Key Indicator 4 – Provide broader experience of a range of sports and activities offered to pupils all pupils	*Provide each year group bubble with their own colour coded equipment to ensure no cross contamination (x3 sets plus FS1)  *Employ external providers to provide a range of new inclusive after school activities to target all pupils (when appropriate following government guidance)	*Pupils access a range of playtime equipment  *Increased enjoyment for lunchtimes and playtimes  *Higher quality PE sessions taught.  *Increased uptake of Afterschool Clubs from 2019-20	£5,000 £4,500	*Children have a greater enjoyment for PE and sport.  *Children have a greater drive for competition.	*Continue to review active playground opportunity's in the new academic year.  *Purchase new equipment/ provide additional training if needed.  *Provide additional challenges to keep children positively active.