



## PSHE LONG TERM OVERVIEW 2021-2

	Autumn 'Explorers' Never give up	Spring 'Planet Protectors' Be nice	Summer 'Heroes' Work hard
<b>YEAR ONE</b>	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> <li>-class rules/contributing to life of classroom</li> <li>-my special people – what makes a healthy family life? <i>Features should lead to happiness and security</i></li> <li>-caring friendships - what is friendship? What makes a good friend and a healthy friendship? – <i>turn taking, kindness, consideration, honesty, truthfulness</i></li> <li>-respectful friendships – using manners, importance of respecting others even when they are different from them – equality and diversity</li> <li>-special people in the community – who people contact in emergency</li> <li>-road and rail safety</li> <li>-importance of a healthy diet</li> <li>-use 'The Colour Monster' to discuss different feelings we can have and how we can share these with one another.</li> </ul>	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> <li>-being unique</li> <li>-celebrate strengths from previous years and set simple, challenging goals</li> <li>-discussions about how the Internet is integral part of life</li> <li>-online relationships – sharing information/pictures online (School Twitter)</li> <li>-changes – moving home / losing pets</li> <li>-use quality texts to support neurodiversity and brain awareness week</li> </ul>	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> <li>-mental well-being - being safe – keeping secrets and “nice surprises”</li> <li>-dental health</li> <li>-importance of good quality sleep</li> <li>-benefits of hobbies/outdoor play</li> <li>-being safe in our environment – boundaries, privacy, feeling safe, asking for help, when to say 'yes, 'no'</li> <li>-sun safety and medicines and how diseases can be spread and be controlled</li> </ul>
<b>VOCABULARY</b>	special, family, security, happiness, caring, kindness, respect, healthy, honesty, truthfulness, friendship, differences, police, firefighter, lifeboat, coastguard, ambulance, paramedic, happy, sad, scared, excited, worried.	special, unique, distinctive, challenge, e-safety, consent, safe, personal information, loss, death, change, different, brain, diversity, neurodiversity	Safe, secrets, sharing, hygiene, cleanliness, unclean, decay, nature, recycling.
<b>NO OUTSIDERS</b>	<p><i>Elmer:</i> to like me the way I am</p> <p><i>Ten Little Pirates:</i> to play with girls and boys</p>	<p><i>My Grandpa is Amazing:</i> recognise people are different ages</p>	<p><i>Max the Champion:</i> understand that our bodies work in different ways</p> <p><i>My World, Your World:</i> understand we share the world with lots of different people</p>



## PSHE LONG TERM OVERVIEW 2021 - 22

	Autumn 'Explorers' Never give up	Spring 'Planet Protectors' Be nice	Summer 'Heroes' Work hard
<b>YEAR TWO</b>	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> <li>-my special people – differences between families in school, being respectful of differences – equality and diversity, belonging to groups and communities</li> <li>-caring friendships – friendship ups and downs, managing conflict, seeking help if needed, being kind and unkind, how to tell and who to tell</li> <li>-respectful friendships – self-respect and how this links to their own happiness, respect others including those in positions of authority</li> <li>-rights and responsibilities e.g. <i>share and understand need to return things that have been borrowed</i></li> <li>-fire and water Safety</li> <li>-importance of a healthy diet and risks and consequences with unhealthy diet</li> <li>-use 'The Colour Monster' to discuss feelings and how to appropriately manage them with one another.</li> </ul>	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> <li>-online Relationships – consider how the same principles apply to online friendships, keeping safe and risks with people they have never met</li> <li>-benefits of rationing time spent on electronic devices</li> <li>-changes – growing and changing, growing from young to old, loss and death</li> <li>-money – saving, keeping it safe, spending</li> <li>-use quality texts to support neurodiversity and brain awareness week.</li> <li>-to learn about different explorers who changed our world.</li> </ul>	<p><i>As respectful and responsible citizens, children will learn about:</i></p> <ul style="list-style-type: none"> <li>-benefits of hobbies/outdoor play <i>anger etc</i> and how this affects behaviour.</li> <li>-being safe in our environment – boundaries, privacy, feeling safe, asking for help, when to say 'yes, 'no'</li> <li>-sun safety and medicines and how diseases can be spread and be controlled</li> </ul>
<b>VOCABULARY</b>	respect, rights, responsibilities, community, authority, conflict, equality, diversity, happy, sad, scared, excited, worried, frustrated, angry.	special, unique, distinctive, challenge, e-safety, consent, safe, personal information, loss, greave, funeral, death, change, different, brain, diversity, neurodiversity, parts of the brain (cerebrum, cerebellum, prefrontal cortex, hippocampus)	Safe, secrets, sharing, hygiene, cleanliness, unclean, decay, nature, recycling, biodegradable, composting, global warming, 3 R's.
<b>NO OUTSIDERS</b>	<i>The Great Big Book</i> : understand what diversity is <i>Blown Away</i> : to work with everyone in my class	<i>The Odd Egg</i> : understand what makes someone feel proud <i>Just Because</i> : to feel proud of being different	<i>The First Slodge</i> : how we share the world

<b>WHOLE SCHOOL EVENTS</b>	<b>Healthy Eating Week:</b> 28 <sup>th</sup> September - 4 <sup>th</sup> October <b>Walk to School Week:</b> 5 <sup>th</sup> – 9 <sup>th</sup> October <b>Anti-Bullying Week:</b> 11 <sup>th</sup> - 15 <sup>th</sup> November <b>Road Safety Week:</b> 16 <sup>th</sup> – 22 <sup>nd</sup> November <b>World Kindness Day:</b> Friday 13 <sup>th</sup> November	<b>Safer Internet Day:</b> Tuesday 9 <sup>th</sup> February <b>Children’s Mental Health Week</b> – 3 <sup>rd</sup> – 9 <sup>th</sup> February <b>Random Act of Kindness Day:</b> 17 <sup>th</sup> February <b>Brain Awareness Week:</b> 15 <sup>th</sup> – 21 <sup>st</sup> March <b>Neurodiversity Week:</b> 15 <sup>th</sup> – 21 <sup>st</sup> March	<b>Sun Awareness Week</b> – 10 <sup>th</sup> – 14 <sup>th</sup> May <b>World Turtle Day</b> – 23 <sup>rd</sup> May <b>World Oceans Day</b> – Tuesday 8 <sup>th</sup> June
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