



OVERCHURCH
INFANT SCHOOL

ASSESSMENT IN PHYSICAL EDUCATION

	By the end of EYFS	EXPLORERS	PLANET PROTECTORS	HEROES	EXPLORERS	PLANET PROTECTORS	HEROES
		Gym	Games	Dance & Athletics	Gym	Games	Dance & Athletics
Physical competence	Negotiate space and obstacles safely, with consideration for themselves and others; Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	<i>Basic Skill</i> - Explore, copy and use basic actions and fundamental skills with control, agility, balance and coordination.			<i>Basic Skill</i> - Demonstrate a varied range of actions, fundamental skills and techniques with confidence and increasing control, co-ordination and fluency .		
		<i>Basic Skill in Combination</i> - Perform some basic shapes, jumps, or fundamental skills as part of a sequence.			<i>Basic Skill in Combination</i> - Link together a variety of shapes, jumps, or fundamental skills.		
Thinking skills	Work and play co-operatively and take turns with others. Confident to try new activities and show independence, resilience and perseverance in the face of challenge.	<i>Reflecting and Improving</i> - Comment on an action, movement or shape that has been performed well.			<i>Reflecting and Improving</i> - Comment on an action, movement or shape that has been performed well, including what they like and dislike.		
		<i>Decision Making</i> -Use basic tactics for attacking and defending: Identify space and move into it when during games.			<i>Decision Making</i> - Use basic tactics for attacking and defending for different types of games: Identify where to run and decide when the best time is to move during games.		
Social and Emotional	Can give focused attention to what the teacher says...and show an ability to follow instructions involving several ideas or actions.	<i>Social Skills</i> - Show a developing ability to resolve problems, such as within a team game.			<i>Social Skills</i> - Explain and give examples of how teamwork can increase chances of success within a game or activity.		
		<i>Values</i> - Able to explain the terms, regularly demonstrate and identify examples of resilience, fairness and determination .			<i>Values</i> - Able to explain the terms, regularly demonstrate and identify examples of resilience, friendship and readiness .		
Healthy & Active Lifestyle	Understand the importance of healthy food choices.	<i>Body and Exercise</i> - Describe how their body feels when they are exercising, noticing some physical changes.			<i>Body and Exercise</i> - Using simple terms, discuss what a warm-up is and how it prepares them for the lesson.		
		<i>Healthy Participation</i> - Talk about why it is good for them to take part in physical activity.			<i>Healthy Participation</i> - To use apparatus safely, including taking ownership of safety within lessons.		